

Community

Resources

Guide

Community Resources

Imagine Freedom: 445 NW 3rd St. Prineville, 541-447-6959 imaginefreedomLLC@gmail.com Facebook

- Gambling, Eating disorder, Marriage and family, Substance use, Mental health, Batterers' Intervention Program (BIP)

Best Care: 1059 NW Madras Hwy Prineville, www.bestcaretreatment.org 541-323-5330, Crisis 541-323-5530 press 2 after 5pm or 1-800-273-8255

- Alcohol/drug substance abuse, pain management, mental health, dual diagnosis, bi-lingual, gambling, outpatient and in-patient, crisis, drug testing, Batterers' Intervention Program (BIP)

Turning Points: 1103 NE Elm St. Prineville 541-306-4566 Mon-Thur 9am-5pm, Fri 9am-3pm www.turningpointers.org

- DUII Services, Drug/Alcohol Outpatient treatment, Sober living housing.

Rimrock Trails Treatment Services Adolescent Residential Treatment: 1333 NW 9th St. Prineville 541-447-2631, 541-388-8459, 1-888-532-6247 www.rimrocktrails.org

- Mental Health Counseling and Substance use treatment services for individuals and families.

DUII: Central Oregon Evaluation Services: 1045 NW Bond St Bend 541-550-7780 www.coevaluations.com,

Victim impact panel 541-447-4158, Ignition Interlock: www.intoxalock.com 1-888-655-4821

Detox: Alcohol/Drug Brooks Detox Redmond: 541-316-7520 option 2 call to get a detox bed

Deschutes Stabilization Center: Crisis Care - Brief Crisis Stabilization 63311 NE Jamison St. Bend 541-585-7210

Substance Abuse and Mental Health Services locator (SAMHSA): 1-800-985-5990 www.samhsa.gov, www.findtreatment.gov

VA Bend Clinic: 2650 NE Courtney Dr. Bend, 541-647-5200, mental health 503-273-5187, www.VA.gov, Crook County Veteran Services Mon-Fri 8am-5pm 422 NW Beaver St. Prineville, 541-447-5304, Central Oregon Veterans Outreach (COVO) 541-383-2793, www.covo-us.org

AA: Online and in person meetings info www.coigaa.org, 24-hour AA hotline – 541-548-0440, Alcohol Anonymous 1-888-425-2666 www.AI-anon.org, Central Oregon Intergroup Office 337 W Antler Suite B Redmond 541-923-8199 Mon-Fri 9am-1pm, AA Oregon www.aa-oregon.org, AA World services www.aa.org.

NA: Central Oregon meeting search www.cohdana.org 541-416-2146, worldwide meeting search www.na.org

Helplines:

- Alcohol/Drug: 1-800-923-4357, TEXT "RECOVERYNOW" to 839863 or TEXT "TALKWITHUS" to 66746
- Crisis: 541-323-5330 press 2 after 5pm, TEXT "MHFA" to 741741, www.Crisischat.org, www.Mentalhealthfirstaid.org
- Youth: 1-877-968-8491, TEXT "TEEN2TEEN" to 839863, www.oregonyouthline.org
- Suicide Prevention: 1-800-273-8255, TEXT "273TALK" to 839863
- LGBTQ+: 1-866-488-7386 TEXT "START" to 678678 www.thetrevorproject.org Transgender Help: 1-877-565-8860

Victim Services: www.vinelink.dhs.gov victim notification network, Victim Assistance Crook County: Inside the Crook County Courthouse 300 NE 3rd St, Room 34 Prineville Mon-Fri 8am-5pm 541-447-4158

- Saving Grace: Emergency Shelter information 422 NW Beaver St. Prineville, 541-416-2114, 541-548-2380
- Mary's Place supervised visitation and safe exchange 541-322-7460, 1130 NW Harriman St. #A Bend
- Suicide hotline: www.suicide.org Crisis number 1-888-232-7192, weekends 541-447-7441, evenings 541-447-7960

Department Human Services (DHS): 457 NE Ochoco Plaza Dr. Prineville, 541-447-3851 Mon-Fri 8am-5pm, www.Dcfoffices.org, www.childwelfare.gov

- OHP, food stamps, cash benefits, child care, adoption/foster/parenting, child abuse/neglect, substance/mental health

WIC/Health Department: 375 NW Beaver St Suite 100 Prineville 541-447-5165 www.womeninfantschildrenoffice.com

Pregnancy Resource Center: www.prcco.org 346 NW Deer St Prineville 541-447-2420

Employment: Mid Oregon Personnel 187 NW 2nd St. Prineville 541-447-1299 www.midoregonpersonnel.com

Unemployment office: WorkSource: 2158 SE College Lp. Suite B Redmond 8:30am-5pm 541-548-8196 www.worksourceoregon.org

Social Security Office: www.ssa.gov 250 NW Franklin Ave #201 Bend 1-877-405-0302

GED Testing: www.cocc.edu www.ged.com Redmond Campus 2030 SE College Loop Redmond 541-504-2934

Legal Help: 541-385-6944 1029 NW 14th St Suite 100 Bend

Local Shelters:

- Regeneration House Men's Shelter: 970 NW Madras Hwy Prineville check in 6pm first come first serve release 6am. No pets or anyone under 18yrs of age. A meal, laundry service and shower provided if needed.
- The Nazarene church Women's Shelter: 780 E 1st St. Prineville 541-903-0709 – call for availability

Central Oregon Shelters:

- Bethlehem Inn: 3705 N Hwy 97 Bend, 517 NW Birch Ave Redmond www.bethleheminn.org Adults (over 18yr) or Families w/children under 18yrs call 541-322-8768 ex 14 for Intake Inquiry 24 hours a day 7 days a week.
- Shepherd's House Ministries: men's, women and children shelter 1854 NE Division St Bend 541-388-2096 www.shepherdshouseministries.org

Housing assistance

- Housing Works: 405 SW 6th St. Redmond www.housing-works.org 541-923-1018 rental assistance and affordable housing
- Neighbor Impact: 422 NW Beaver St. Prineville www.neighborimpact.org 541-548-2380

Transportation

- Cascades East Transit (CET): www.cascadeseasttransit.com 541-385-8680 Prineville to Redmond pickup at Stryker park behind 7-11, times: Mon-Fri 6:42am, 8:01am, 3:02pm, 4:30pm, 6:30pm. Sat: 8:49am, 12:04pm, 2:34pm. Prices: single ride adult/youth \$1.50, senior/disabled \$0.75
- Prineville taxi company: 541-777-1478
- Central Oregon Breeze: www.cobreeze.com 541-389-7469 bus goes from Central Oregon to Portland.

Food Pantry: www.foodpantries.org

- First Baptist Church: www.fbcprineville.org 541-447-7717 450 SE Fairview St. Prineville, food pantry located in the modular building in the east parking lot. Open last 2 Monday's of each month from 10am-12pm
- East Side Church: 3174 NE 3rd St. Prineville 541-447-3791 Meal Brown Bags 2nd Monday of each month 3pm-5pm
- St. Vincent De Paul: www.svdpcfcc.org 1103 Ne Elm St. #140 Prineville 541-447-7662 Tue & Thur 1pm-2pm, Wed 5pm-6pm
- Seniors 60+ Meals on Wheels: call for eligibility 541-678-5483, Senior Center: 180 Ne 3rd St Prineville 541-447-6844
- Jericho Road: 205 NW 4th St. Redmond 541-699-2099 Mon-Thur and every other Fri. doors open at 4:30pm

Showers: Prineville Athletic Club: 211 N Main St. Prineville 541-447-4878 Mon-Fri 8am-8pm \$8.00 a shower

- Prineville Presbyterian Church: 1771 NW Madras Hwy Prineville 541-447-1017 MIKETHEPASTOR@GMAIL.COM shower available by appointment

Clothing Closet:

- Hopes Closet for children, foster and adoptive children 0-18yrs www.fbcprineville.org 450 SE Fairview St. Prineville open Thursdays 12:30-2:30pm or by appointment contact Tricia 541-848-0138 or Jayne 541-213-0445
- FAN advocate closet: school-specific www.familyaccessnetwork.org
- Prineville Church of Christ: 1095 NE 3rd St. Prineville 541-447-5621 Thursdays 10am-2pm www.prinevillechurch.com

Community Resource locator map:

- www.arcgis.com Central Oregon-(online only) this will map out local resources for public restrooms, hand washing stations, Wi-Fi, food pantry's, bus routes, bike repair and showers.

Seniors: Resource Guide for Older Adults in Central Oregon: www.councilonaging.org 541-678-5483 Mon-Fri 8am-5pm

Adult Protective Service Aging/Disabilities: 1-855-503-7233, 541-693-2707 (reporting line) Leave a message.

PLEASE CALL AHEAD TO MAKE SURE TIME/LOCATION HAS NOT CHANGED DUE TO COVID